

TOSSM 2019
(25-27 July 2019)

Thursday, 25 July 2019				
	Chandelier 1	Chandelier 2	Grand Ballroom 1	State Room 1
08.00-09.00	ICL 1: Knee PF instability Moderator: <i>Wachiraphan Parinyakhup</i> Co- Moderator: <i>Sueb Wong Phoophitphong</i> 1. Evaluation of recurrent patellar Instability <i>Pawin Rattanasumrit</i> 2. Bony procedures for patellar instability <i>Nadhaporn Sangpetch</i> 3. MPFL reconstruction using hamstring Tendon <i>Nobuo Adachi</i> 4. MPFL reconstruction in patients with open physis <i>Pablo Gelber</i> (12 minutes each)		ICL2: Shoulder Management of the first time anterior shoulder dislocation Moderator: <i>Chalermchai Limitlaohapan</i> Co-moderator: <i>Sirisak Buranavattanachok</i> 1. How to manage acute dislocation in the game? <i>Wittawat Chernboonchai</i> 2. Reduction techniques, which one is the best? <i>Pattanapong Suwankomolkul</i> 3. Bony lesions at first time dislocation <i>Suwicharn Bumrungchowkasem</i> 4. Rehabilitation for non-surgical dislocation <i>Piyaporn Pamuksan</i> (12 minutes each)	ICL3: (TOSSM Members) Real experiences sharing from our TOSSM member Moderator: <i>Sermsak Sumanont</i> Co- moderator: <i>Karn Supornsinchai</i> 1. ACL surgery: The Korat experience <i>Supasak Sathornpanich</i> 2. Treatment of multiligament injuries in Phitsanulok <i>Kriangkamol Benjawongsathien</i> 3. Rotator Cuff Repair in Khonkaen Hospital Setting <i>Suthee Tharakulphan</i> 4. Shoulder Instability Surgery by Sports Surgeon in Lampang Provincial Hospital <i>Chonlathan Iamsum-ang</i> (12 minutes each)
09.00-10.00	Open Ceremony Introduction of Guest Speakers Honorary Lecture			
10.00-10.15	Coffee Break & Exhibition			
10.15-11.15	Knee 1 Update in ACL reconstruction Moderator: <i>Dudsadee Tattanond</i> Co-moderator: <i>Tanawat Fongsri</i> 1. Update in ACL anatomy: bundle or ribbon? <i>Chaiwat Chuychoosakoon</i> 2. Tunnel drilling technique and graft fixation in ACL reconstruction <i>Chalermchai Limitlaohapan</i> 3. The technical note: ACL all inside reconstruction: What should we do with accident? <i>Pham The Hien</i> 4. Postoperative rehabilitation for soccer athletes <i>Pornthep Mamanee</i>	Shoulder 1 Instability Live surgery: Open Latarjet Demonstrator: <i>Greg Hoy</i> Moderator: <i>Wichan Kanchanatawan</i> Co-moderator: <i>Ittipol Prasitdamrong</i>	Hip 1 Debates in surgical techniques Moderator: <i>Kitiphong Kongrukgratayos</i> Co- Moderator: <i>Trai Promsang</i> 1. Central first vs. Peripheral first <i>Pisit Lertwanich, Adinun Apivatgaroon</i> 2. Supine vs. Lateral positioning <i>Pisit Lertwanich, Kitiphong Kongrukgratayos</i> 3. Arthroscopic assisted vs. Open peri-acetabular osteotomy <i>Kitiphong Kongrukgratayos, Adinun Apivatgaroon</i> (15 minutes each)	Meet the Expert 1: Smith & Nephew 1. My approach for PCL: Tips and Tricks on performing PCL, Case presentation <i>Nobuo Adachi</i> 2. Trans-septal PCL and PLC, Case presentation <i>Bancha Chenchujit</i> 3. Managing the MCL, Case presentation <i>Nadhaporn Sangpetch</i> 4. Panels Discussion (10 minutes each)

11.15-12.00	<p>(12 minutes each)</p> <p>Knee 2 Update in PF Arthritis Moderator: <i>Chatchai Pookarnjanamorakot</i> Co-moderator: <i>Sorawut Sirisak</i></p> <ol style="list-style-type: none"> 1. Current concept of patellofemoral arthritis <i>Ittipol Prasitdamrong</i> 2. Conservative treatment of patellofemoral arthritis <i>Pattanaket Cheewakongkiat</i> 3. Patellofemoral arthroplasty <i>Pablo Gelber</i> <p>(12 minutes each)</p>	<p>Shoulder 2 Rotator cuff1 Large and retracted cuff tear-surgical options Moderator: <i>Pornthep Mamanee</i> Co-moderator: <i>Chatchawan Lertbutsayanukul</i></p> <ol style="list-style-type: none"> 1. Could superior capsular reconstruction be the main procedure for all? <i>Prakasit Chanasit</i> 2. Tendon transfer has better biomechanical advantage <i>Cholawish Chanlalit</i> 3. Partial cuff repair: still exists? <i>Prachan Banchasuek</i> <p>(12 minutes each)</p>	<p>Hip 2 Proper lateral positioning set up Moderator: <i>Adinun Apivatgaroon</i> Co- Moderator: <i>Bundit Rungnim</i></p> <ol style="list-style-type: none"> 1. Proper lateral positioning set up <i>Kitiphong Kongrukreatiyos</i> 2. Hip arthroscopy for diagnosis & treatment of synovial chondromatosis <i>Kitiphong Kongrukreatiyos</i> 3. FAI: Revisit <i>Adinun Apivatgaroon</i> <p>(12 minutes each)</p>	<p>Meet the Expert 2: Depuy Synthes New self-shortening suture</p> <ol style="list-style-type: none"> 1. What are the patient needs in soft tissue repair? (The Goal of arthroscopic rotator cuff repair) 2. Type of knots technique to reattach the tissue to the upper arm 3. What is innovation suture?
12.00-12.50	LunchSymposium 1	LunchSymposium 2	Lunch Symposium 3	
13.00-14.00	<p>Knee 3 Anterolateral ligament of the knee Moderator: <i>Wiroon Laopatarakasem</i> Co-Moderator: <i>Nobuo Adachi</i></p> <ol style="list-style-type: none"> 1. Ligament: anatomy and biomechanics, Does it exists? <i>Phob Ganokroj</i> 2. Myth of rotational instability and anterolateral ligament reconstruction <i>Patrick Yung</i> 3. Comparison of lateral tenodesis vs. anterolateral ligament reconstruction in ACL reconstruction <i>David Parker</i> <p>(15 minutes each)</p>	<p>Shoulder 3 Rotator cuff2 Update in the controversial procedures with rotator cuff repair Moderator: <i>Somsak Kuptniratsaikul</i> Co-moderator: <i>Niti Prasathaporn</i></p> <ol style="list-style-type: none"> 1. Subacromial decompression; When to do and not do? <i>Varit Watcharaprechasakul</i> 2. AC resection: Keep or cut! <i>Harjeet Singh Bhatia</i> 3. Biceps procedures: Keep or Kill! <i>Rattapoom Watcharopas</i> 4. Suprascapular nerve decompression: What is consensus? <i>Piroon Tangsripong</i> 5. MRI results after arthroscopic rotator cuff repair: Correlation between fatty degeneration and rehabilitation of shoulder functions <i>Phan Dinh Mung</i> <p>(10 minutes each)</p>	<p>Best Paper Award Winning: HKOA –Thai travelling fellowship Moderator: <i>Prachan Banchasuek</i> Co-moderator: <i>Jatupon Kongthavornsakul</i></p> <ol style="list-style-type: none"> 1. Comparison of Post-operative Measurements and Knee Kinematic Analysis as a Predictor for Return to Sport Status After ACL Reconstruction <i>Michael Tim Yun Ong</i> 2. “The effect of scapular taping on correcting scapular dyskinesis and preserving the subacromial space in patients with rotator cuff tendinopathy and scapular dyskinesis” <i>Annie HT Leong</i> 3.The precise location of pie crusting of posterior oblique ligament in arthroscopic medial meniscus repair <i>Nopporn Wanaprasert</i> 4. The Valgus Stress Radiography and Clinical Outcome After Medial Pie-crusting During Anterior Cruciate Ligament Reconstruction with Medial Meniscus Procedure <i>Thanakorn Tarunotai</i> 5. Relationship of hamstrings power and size of semitendinosus and gracilis in anterior cruciate ligament reconstruction <i>Ranaichanok Thongwichian</i> 6. Clinical and radiological outcomes of medial 	<p>Meet the Expert 3: Linvatec 1 Meniscus root repair and Trocleoplasty Pablo Gelber</p>

			open-wedge high tibial osteotomy: a comparative study between conventional and combined tibial tubercle elevation <i>worawit densiri-aksorn</i> (8 minutes each)	
14.00-15.00	Knee 4 ACL & ALL reconstruction Re-live surgery: Combined ACL reconstruction & ALL reconstruction/Lateral extra-articular tenodesis Demonstrator: 1. <i>Pablo Gelber</i> 2. <i>Patrick Yung</i> Moderator: <i>David Parker</i> Co-moderator: <i>Tanarat Boonriong</i> (20 minutes each)	Shoulder 4 Instability 1: <u>Difficult Anterior Instability</u> Moderator: <i>Theera Rojpornpradit</i> Co-moderator: <i>Phathaiwudhi Oonsombat</i> 1. Bone block revisit: Eden-Hybbinette vs Latarjet, which is on top? <i>Chusak Kijkunasathian</i> 2. Result of arthroscopic vs. open Latarjet <i>Greg Hoy</i> 3. Remplissage: When and how to do? <i>Vudhipong Sudhasaneyya</i> 4. Arthroscopic management for significant glenoid bone loss in ADI <i>Hiroyuki Sugaya</i> (12 minutes each)	Free Paper Shoulder Moderator: <i>Bavornrat Vanadurongvan</i> Co-Moderator: <i>Jatupon Kongthavornsakul</i> 1. Glenoid bone defect augmentation in recurrent anterior shoulder instability: A finite element analysis study <i>Chaiyanun Vijittrakarnrung</i> 2. Study of risk factor and retear rate after arthroscopic repair of massive rotator cuff tear <i>Supamongkol Mutchamee</i> 3. Study the characteristics of acromial morphology after subacromial decompression in moderate to large tear size of arthroscopic rotator cuff repair <i>Narin Pakawech</i> 4. New radiographic study of acromioclavicular joint instability: Cadaveric study <i>Korakod Rajchawiang</i> 5. Pectoralis major tendon as a guide for proper calcar screw location: A cadaveric study <i>Naruebade Rungrattanawilai</i> 6. Reverse Shoulder Arthroplasty: Clinical and radiological outcome in PMK experience <i>Nantaphon Chuvetsereporn</i> (8 minutes each)	Meet The Expert 4: Biomet
15.00-15.30	Coffee break			
15.30-16.30	Knee 5 Meniscus: Mission possible!!! Moderator: <i>Theera Rojpornpradit</i> Co- Moderator: <i>Piroon Tangsripong</i> 1. Clinical evaluation and MRI of difficult tear <i>Jeerasak Thanaboon</i> 2. Double longitudinal tear, How I repair it and result? <i>Sasipong Rohitopakarn</i> 3. Meniscus root repair <i>Nobuo Adachi</i> 4. Ramp lesion: diagnosis and repair technique	Shoulder 5 Instability2: <u>Multidirectional instability (MDI)</u> Moderator: <i>Nadhaporn Saengpetch</i> Co-moderator: <i>Chatchapol Thanarak</i> 1. Treatment options and the decision making <i>Thanathep Tanpawpong</i> 2. Technical note for pancapsular plication for MDI in beach chair position <i>Mason Porramathikul</i> 3. Best practice for conservative treatment of MDI	Cartilage 1 Cartilage Repair of the Knee Joint Moderator: <i>Puwapong Nimkingratana</i> Co- Moderator: <i>Chaiwat Chuchoosakoon</i> 1. Role of subchondral bone <i>Channarong Kasemkijwattana</i> 2. Role of synovial environment <i>Tulyapruet Thawornsawat</i> (25 minutes each)	Meet the Expert 5; Foot & Ankle (Arthrex) Tips and Tricks in ankle stabilization; intern brace & tight rope Moderator: <i>Marut Arunakul</i> Co- moderator: <i>Pongpanot Sornsakrin</i> 1. Lateral ankle ligaments reconstruction/augmentation with hamstring tendon graft/ Internal Brace <i>Chayanin Angthong</i> 2. Syndesmotom Fixation with Tightrope: A Surgical Technique, Outcomes and Complications, and Hand-on Saw Bone

	<i>Jiranthanin Rattanawarinchai</i> (12 minutes each)	<i>Greg Hoy</i> (15 minutes each)		<i>Chamnani Rungprai</i> (30 minutes each)
16.30-17.30	<p>Free paper: Knee& Miscellaneous Moderator: Chalernsak Sriworakun Co-moderator: <i>Jatupon Kongthavornsakul</i></p> <p>1. Loss of extension following ACLR: Analysis of incidence & etiology <i>Don Tharnphraisarn</i></p> <p>2. Comparative Biomechanical Study Between Minimal Invasive Popliteus and LCL Reconstruction Versus LaPrade Technique A Cadaveric study Evaluated by Varus Stress Radiographs <i>Panin Anilabol</i></p> <p>3. Reliability of different methods for measuring stress radiographs of posterior cruciate ligament insufficiency <i>Chaiwat Lorpongpaiboon</i></p> <p>4. Circumferential fiber reinforcement of meniscus extrusion in vivo cadaveric study <i>Atinun Kumlai</i></p> <p>5. Study of the final satisfied tibial insertion torque measurement of surgeons in comparison with audible friction sound in soft tissue graft ACL reconstructions <i>Korpphong Chituaarikul</i></p> <p>6. The relationship between radiographic tibial slope and non-contact anterior cruciate ligament(ACL) injured patients in Thai population <i>Kanin Lumdee</i></p> <p>(8 minutes each)</p>	<p>Shoulder 6 Instability3: <u>Global points of view for evaluation of glenoid and humeral head bony defect</u> Moderator: <i>Bancha Chernchujit</i> Co-moderator: <i>Pongtep Na Nakorn</i></p> <p>1. MR arthrogram and 3DCT <i>Nadhaporn Saengpetch</i></p> <p>2. 3DCT & MR arthrogram with ABER position <i>Hiroyuki Sugaya</i></p> <p>3. Accuracy of 3DCT for bone loss following glenoid track theory's measurement <i>Greg Hoy</i></p> <p>(15 minutes each)</p>	<p>Cartilage 2 <u>Bench to Clinic in Sports Medicine</u> Moderator: <i>Wirat Kongjareornsombat</i> Co- Moderator: <i>Piya-on Numpaisal</i></p> <p>1. Stem cell & PRP in cartilage repair and early OA: Does it work? <i>Puwapong Nimkingraanat</i></p> <p>2. The future of Stem cell and PRP for clinical application <i>Nobuo Adachi</i></p> <p>(20 minutes each)</p>	<p>Meet The Expert 6: Linvatec 2 Arthroscopy in elbow, make it a simple <i>: Cholawish Chanlalit</i> <i>Prasit Wongtriratanachai</i></p> <p>hip arthroscopy, new instrument <i>Kitiphong Kongrukreatiyos</i> <i>Cholawish Chanlalit</i></p>
18.30-20.30	Faculty Dinner by Invitation			

	Chandelier 1	Chandelier 2	Grand Ballroom 1	State Room 1
08.00-09.00	<p>ICL 4: Knee Cartilage Early osteoarthritis and cartilage repair Moderator: <i>Vatanachai Rojvanit</i> Co-moderator: <i>Wirat Kongcharoensombat</i></p> <ol style="list-style-type: none"> 1. Update on Pathogenesis of OA <i>Piya-on Numpaisal</i> 2. Biomarker as a tool for diagnosis? <i>Puwapong Nimkingratana</i> 3. Cartilage regeneration <i>Nobuo Adachi</i> 4. The Alignment, Is it important? <i>Wirat Kongchareornsombat</i> <p>(12 minutes each)</p>	<p>ICL5: Elbow Common procedure for elbows Moderator: <i>Theerachai Apivatthakul</i> Co-moderator: <i>Cholawish Chanlalit</i></p> <ol style="list-style-type: none"> 1. Injection and aspiration <i>Nattakorn Mhasupachai</i> 2. Elbow reduction <i>Prasit Wongtriratanachai</i> 3. Elbow brace Arthit Boonrawd 4. Plain film and CT evaluation <i>Sutee Thaveepunsan</i> <p>(12 minutes each)</p>	<p>ICL6: Foot & Ankle Advance in Foot & Ankle Arthroscopy Moderator: <i>Sukij Laohajaroensombat</i> Co-moderator: <i>Chatchavan Charoenthamruksa</i></p> <ol style="list-style-type: none"> 1. Anterior and posterior ankle impingement: how to deal with difficult cases <i>Bavornrit Chuckpaiwong</i> 2. Tip and Tricks for challenging anterior and posterior OLT: Deep lesion, large lesion, and multiple lesions <i>Chamnanni Rungprai</i> 3. Acute Achilles tendon injury: Tips and Tricks from open to endoscopically-assisted Achilles tendon repair <i>Akaradech Pitakveerakul</i> <p>(15 minutes each)</p>	
09.00-09.15	Coffee Break & Exhibition			
09.15-10.30	<p>Workshop: Linvatec “CuffLink Double-Row Solution Procedure (CrossFT Knotless and Y knot Pro)” Course Director: Bancha Chernchujit</p> <ol style="list-style-type: none"> 1. Bancha Chernchujit 2. Nadhaporn Saengpetch 3. Cholawish Chanlalit 4. Thanathep Tanpowpong <p>(10 minutes each) Hand on (25 minutes)</p>	<p>Workshop: Johnson & Johnson Shoulder Arthroplasty: When, why & How?</p> <ol style="list-style-type: none"> 1. When we do which shoulder arthroplasty? 2. How does RSA work? 3. Tips & Tricks of RSA <p>(10 minutes each) Hand On (35 minutes)</p>	<p>Workshop • Ultrasound</p>	<p>Case Consultation 1 (Knee) Moderator: <i>Wiroon Laupattarakasem</i> Co-moderator: <i>Manoon Leownorasat, Bavornrat Vanadurongvan, Sittan Aimprasittichai</i></p>
10.30-11.45	<p>Workshop: Exactech Bancha Chernchujit • Shoulder Arthroplasty with Glenoid Augmentation</p> <ol style="list-style-type: none"> 1. Posterior augment glenoid require less bone removal in TSA: 10 Mins 2. RSA arthroplasty with structural bone grafting large glenoid defects: 10 mins 3. How to do RSA TSA by Exactech: 10 mins 	<p>Workshop: Smith & Nephew</p> <ol style="list-style-type: none"> 1. Inside-out, outside-in & All inside Concepts & Clinical Bases <i>Mason</i> 2. Products Overview: Mini first Pass/MRR system <i>TBC, S&N Regional</i> 3. How I do Meniscus Root Repair: Endobutton <i>Nobuo Adachi</i> 	<p>Workshop: Arthrex</p> <ol style="list-style-type: none"> 1. Knotless Medial row repair using corkscrew anchor with suture tape: Suture bridge Technique <i>Vudhipong sudhasaneya</i> 2. Knotless Bankart Repair <i>Varit watcharaprechasakul</i> 3. All-Inside ACL Reconstruction <i>Varit watcharaprechasakul</i> 	<p>Case Consultation 2 (Shoulder) Fracture around the shoulder, Difficult shoulder instability Moderator: <i>Ekavit Keyurapan</i> Co-moderator: <i>Prapakorn Klubklai, Gof Tantisrichaorenkul, Jatupoom Chansomboor</i></p>

	(10 minutes each) Hand on for Exactech shoulder (35 minutes)	4. How I do Meniscus Root Repair: Meniscus Root repair set & mini first pass <i>Chanakarn Phornphutkul</i> (10 minutes each) Hand On (25 minutes)	(20 minutes each)	
11.45-12.00	Coffee Break & Exhibition			
12.00-12.50	LunchSymposium 4	LunchSymposium 5	LunchSymposium 6	
13.00-14.30	Knee 7 <u>Middle-aged knee</u> Moderator: <i>Suraphol Kesprayura</i> Co- Moderator: <i>Pablo Gelber</i> 1. Update in conservative treatment of OA Knee <i>Varit Watcharaprechasakul</i> 2. Arthroscopic surgery in OA knee: evidence-based practice <i>Tipatai Srisomboon</i> 3. New techniques for osteotomy around the knee <i>David Parker</i> 4. Alternative choices of unicompartmental knee arthroplasty in middle-aged patients <i>Suraphol Kesprayura</i> (12 minutes each)	Shoulder 7 <u>Cuff Tear Arthropathy</u> Live surgery: Reverse total shoulder arthroplasty Demonstrator: <i>Hiroyuki Sugaya</i> Moderator: <i>Nattha Kulkamthorn</i> Co-moderator: <i>Pawin Rattanasumrit</i>	Foot Ankle 1: Symposium 1 <u>'All aspect about plantar heel pain'</u> Moderator: <i>Nusorn Chaiphrom</i> Co-moderator: <i>Pat Chulasiri</i> 1. How to approach plantar heel pain <i>Tinnart Sittapairoj</i> 2. Current treatments for plantar fasciitis ❖ Non-surgical and alternative treatments (PRP, shock wave) <i>Korakot Maliwankul</i> ❖ surgical treatments <i>Theerawoot Tharmviboonsri</i> 3. Plantar heel spur 'Should we excise it?' <i>Marut Arunakul</i> 4. How to manage plantar heel pain from nerve pathology <i>Tanawat Vaseenon</i> (10 minutes each)	
14.00-15.00	Knee 8 <u>Outcome measurement in knee arthroscopy</u> Moderator: <i>Chanin Lamsam</i> Co-Moderator <i>Varit chartisathian</i> 1. Patient-reported outcome for knee arthroscopy <i>Phob Ganokroj</i> 2. Radiographic measurement and stress radiograph <i>Varit chartisathian</i> 3. Muscle strength and functional test <i>Bavornrat Vanadurongvan</i> 4. Comprehensive outcomes evaluation after ACL reconstruction: Australian experience <i>David Parker</i>	Free Paper <u>Miscellaneous</u> 1. The greater tuberosity angle(GTA) could be a predictor for rotator cuff tear <i>Thongchat Atiwannakul</i> 2. Effect of tennis racket dampers on racket-grip interface <i>Thiti Meeopartmongkon</i> 3. Effect of Prophylactic Ankle Taping on Knee Biomechanics During the Cutting and Jumping Tasks in Professional Football Athletes: A 3D motion analysis <i>Pakapon Issaragrisil</i> (8 minutes each)	Foot Ankle 2: Symposium 2 <u>'Debates on Treatment Options in Ankle Arthritis'</u> Moderator: <i>Bavornrit Chuckpaiwong</i> Co-moderator: <i>Methee Khongphaophon</i> 1. Joint preserving osteotomy in ankle arthritis <i>Sukij Laohajaroensombat</i> 2. Ankle arthrodesis: the treatment potential and problems <i>Jirun_Apinun, Thanut Valleenukul</i> 3. Total ankle replacement: ❖ The current results and future trends <i>Chayanin Angthong</i> ❖ Case presentation <i>Aekachai Jaroenarpornwatana</i>	

	(12 minutes each)		(20 minutes each)
15.00-15.30	Coffee brake		
15.30-16.30	<p>Knee 9 Posterolateral knee injury Moderator: <i>Sermsak Sumanont</i> Co-moderator: <i>Sasipong Rohitopakarn</i> 1. Clinical relevant anatomy and biomechanics <i>Pachin Thanomsingh</i> 2. Update treatment for acute posterolateral corner injury <i>Punyawat Apiwatanakul</i> 3. PLC reconstruction: tibial-based technique <i>Worawit Ungbamrunpan</i> 4. PLC reconstruction: fibular-based technique <i>Jatupoom Chansomboon</i></p> <p>(12 minutes each)</p>	<p>Shoulder 8 Arthroplasty: Surgical tips for RTSA Moderator: <i>Vudhipong Suthadsaneeya</i> Co-moderator: <i>Gof Tantisrijareonkul</i> <i>Pinkawas Kongmalai</i> 1. How to avoid scapular notching? 2. Does humeral version effect on RTSA result & longevity? <i>Nattha Kulkamthon</i> 3. RTSA with LD transfer: Indication and technique <i>Hiroyuki Sugaya</i> 4. The tough glenoid! Glenoid bone loss management <i>Bancha Chuenchujit</i></p> <p>(12 minutes each)</p>	<p>Foot Ankle 2: Symposium 2 Tips and tricks in fracture around Foot & Ankle Moderator: <i>Tanawat Vaseenon</i> Co-moderator: <i>Songwut Thitiboonsuwan</i> 1. Calcaneus fracture <i>Jakrapong Orapin</i> 2. Talus fracture <i>Pongpol Petchkum</i> 3. Lisfranc injury <i>Arthithat Kirinpanu</i></p> <p>(15 minutes each)</p>
18.30-21.30	Congress Dinner		

Saturday, 27 July 2019				
	Chandelier 1	Chandelier 2	Grand Ballroom 1	State Room 1
08.00-09.00	<p>ICL 7: Osteotomy around the knee Moderator: <i>Winyou Rattanachai</i> Co-moderator: <i>Alisara Arirachakaran</i> 1. Knee alignment and preoperative planning <i>Ratthapoom Watcharopas</i> 2. Distal femoral osteotomy: Indications, Tips & Tricks <i>Wachiraphan Parinyakhup</i> 3. High tibial osteotomy <i>Wichan kanchanatawan</i> 4. Osteotomies around the knee and concomitant procedures. How to proceed? <i>Pablo Gelber</i></p> <p>(12 minutes each)</p>	<p>ICL 6: Shoulder Biceps and labral lesions Moderator: <i>Pinij Srisuwanaporn</i> Co-moderator: <i>Sittiporn Kamjatpai</i> 1. Conservative treatment of biceps tendinitis <i>Tanawat Fongsri</i> 2. Successful physical exam for LHB and labral lesions <i>Chalongrat Yimwatsana</i> 3. SLAP lesion of the shoulder: repair or not now? <i>Patrick Yung</i> 4. Biceps tenodesis vs. tenotomy for labral injury <i>Ekavit keyurapan</i></p> <p>(12 minutes each)</p>	<p>ICL 5: Sports Medicine Nutrition for endurance sports: Marathon, triathlon, road cycling Moderator: <i>Kachain Numsirikul</i> Co-moderator: <i>Kornkit Chaijenkij</i> 1. Introduction of two cases illustrating key issues (5 minutes) 2. Small-group discussions (10 minutes) 3. A decision-based model for nutrition in sport (15 minutes each) 4. What is the best practice for nutrition? (20 minutes each) 5. Panel discussion - illustrated by cases (10 minutes each) <i>Alisa Nana3& Team</i></p>	<p>ICL 8: Hip Fundamentals of Hip Arthroscopy Moderator: <i>Pisit Lertwanich</i> Co-moderator: <i>Pattanaket Cheewakongkiat</i> 1. What a hip arthroscopist should know about the hip anatomy <i>Trai Promsang</i> 2. Basic set up applicable to Thailand: Instruments, traction fundamentals, supine position <i>Pisit Lertwanich</i> 3. Portals and their relation with periarticular structures <i>Trai Promsang</i> 4. Intra-articular hip injections made easy! <i>Thun Ittipanichpong</i></p> <p>(12 minutes each)</p>
09.00-10.00	<p>Elbow 1 Stiff elbow Moderator: <i>Cholawish Chanlalit</i> Co-moderator: <i>Prasit Wongtriratanachai</i> 1. Preview <i>Cholawish Chanlalit</i> (8 minutes) 2. Open released: Useful technique <i>Sutee Thaveepunsan!</i> (15 minutes) 3. Arthroscopic: too sexy choice! <i>Hiroyuki Sugaya</i> (20 minutes) 4. Case Discussion (15 minutes) Presentator: <i>Nattakorn Mhasupachai</i> Panel lists: <i>Hiroyuki Sugaya, Cholawish Chanlalit, Prasit Wongtriratanachai, Sutee Thaveepunsan</i></p>	<p>Shoulder 10 Arthritic shoulder: Case Discussion Moderator: <i>Prapakorn Klubklai</i> Co-moderator: <i>Chaiwat Chuchoosakoon</i> Panelists: <i>Greg Hoy, Patrick yung, Winyou Rattanachai, Ekavit keyurapan</i></p>	<p>Sports Medicine 1 Injury prevention Moderator: <i>Mason Porramatikul</i> Co-moderator: <i>Alisa Nana</i> 1. Introduction of the session <i>Kornkit Chaijenkij</i> 2. How to help athletes to compete at their full potential? Medical aspects, Thai female Volleyball Experience <i>Kansuda Thongthai</i> 3. The role of nutrition screening <i>Alisa Nana</i> 4. Injury and illness surveillance in elite athletes: Thailand national team experience <i>Kornkit Chaijenkij</i></p> <p>(12 minutes each)</p>	
10.00-10.30	Coffee Brake & Exhibition			
10.30-11.15	<p>Elbow 2 Fracture around elbow 1 Moderator: <i>Chatchai Pookarnjanamorakot</i> Co-moderator: <i>Nattakorn Mhasupachai</i> Distal humerus 1. Low distal humerus fracture <i>Natthaphon Jantaraserano</i> (12 minutes)</p>	<p>Shoulder 11 Arthritis: Arthritic shoulder in age <60 years Moderator: <i>Ekavit keyurapan</i> Co-moderator: <i>Pinkawas Kongmalai</i> 1. Role of arthroscopic treatment in shoulder arthritis <i>Thitiphol Wanitchanont</i></p>	<p>Sports Medicine 2 Exercise in special-health status Moderator: <i>Ed Lorprayoon</i> Co-moderator: <i>Kachain Namsirikul</i> 1. Exercise in patient with heart problem <i>Visal Kantaratanakul</i> 2. Exercise in patient with respiratory problems</p>	

	<p>2. Capitellum and variant <i>Theerachai Apivatthakul</i> (20minutes)</p> <p>3. OCD <i>Arthit Boonrawd</i> (12 minutes)</p>	<p>2. Pyrotitan pyrocarbon for hemiarthroplasty humeral head <i>Greg Hoy</i></p> <p>3. Ream and run vs. interposition arthroplasty: Result <i>Prakasit Sanguanjit</i></p> <p>(12 minutes each)</p>	<p><i>Visal Kantaratanakul</i></p> <p>3. Exercise in patient with kidney problems <i>Mason Porramatikul</i> (12 minutes each)</p>	
11.15-12.00	<p>Elbow 3 Fracture around elbow 2 Moderator: <i>Chatchai Pookarnjanamorakot</i> Co-moderator: <i>Phob Ganokroj</i> Proximal ulnar</p> <p>1. Olecranon fracture: only TBW <i>Natthaphon Jantaraserano</i> (12 minutes)</p> <p>2. Proximal ulnar fracture , sometime not Easy <i>Theerachai Apivatthakul</i> (20 minutes)</p> <p>3. Case discussion (13 minutes) <i>Panel lists: Theerachai, Natthaphon, Sutee, Arthit Boonrawd</i></p>	<p>Shoulder 10 Scapular dyskinesis Moderator: <i>Prakasit Sanguanjit</i> Co-moderator: <i>Thitiphol Wanitchanont</i></p> <p>1. Pathogenesis and pathomechanics <i>Sithiporn Unyahaphan</i></p> <p>2. Rehabilitation for scapular dyskinesis <i>Piyaporn Pamuksan</i></p> <p>3. Surgical treatment for SICK scapular syndrome <i>Pongtep Na Nakorn</i></p> <p>(15 minutes each)</p>	<p>Sports Medicine 3 Sports psychology Moderator: <i>Atirek Chivabongs</i> Co-moderator: <i>Kornkit Chaijenkij</i></p> <p>1. I think I can make it <i>Naruepon Vongjatuparat</i></p> <p>2. Talking to the looser <i>Naruepon Vongjatuparat</i></p> <p>3. Hypnosis in sports <i>Naruepon Vongjatuparat</i></p> <p>(12 minutes each)</p>	
12.00-12.50	Lunch Symposium7	Lunch Symposium 8	Lunch Symposium 9	Lunch & Learn: Menalini
13.00-14.00	<p>Knee 10 Medial-side knee injury Moderator: <i>Pongsak Yuktanand</i> Co-moderator: <i>Jiranthanin Rattanawarinchai</i></p> <p>1. Clinical relevant anatomy and biomechanics <i>Suwittaya Thienpratharn</i></p> <p>2. Diagnosis and classification of medial-side knee injury <i>Phathaiwudhi Oonsombat</i></p> <p>3. Acute repair of medial structures <i>Vantawat Umprai</i></p> <p>4. Reconstruction techniques for chronic valgus instability <i>Ponrachai Wongthongsalee</i></p> <p>(12 minutes each)</p>	<p>Shoulder 11 Trauma: High grade chronic AC separation Moderator: <i>Theerachai Apivatthakul</i> Co-moderator: <i>Surapot Salao</i></p> <p>1. Biomechanics of chronic AC separation <i>Chanakarn Phornphatkul</i></p> <p>2. Suspensory fixation with biologic graft <i>Niti Prasat-arporn</i></p> <p>3. Double dog bone and internal brace for AC reconstruction in early return to contact sports <i>Greg Hoy</i></p> <p>4. AC augmentation and repair technique <i>Nattachai Thaengthong</i></p> <p>(12 minutes each)</p>	<p>Award Winning Thai Fellow Presentation Moderator: <i>Prachan Banchasuek</i> Co-moderator: <i>Thanathep Tanpowpong</i></p> <p>1. Shoulder instability: Reconstructive of bone defect <i>Chaiyanun Vijittrakarnrung</i></p> <p>2. RSA development: Past present and Future <i>Nantaphon Chuvetsereporn</i></p> <p>3. ALL reconstruction, Is it already extinct? <i>Pakapon Issaragrisil</i></p> <p>4. Superior Capsular reconstruction, Is it really work? <i>Naruebade Rungrattanawilai</i></p> <p>(12 minutes each)</p>	

14.00-15.00	Knee 11 <u>PLC reconstruction</u> Re-Live surgery Demonstrator: 1. David Parker 2. Bancha Chuenchujit Moderator: Chanin Lamsam Co-Moderator: Patrick Yung (20 minutes each)	Shoulder 12 Trauma: Re-live surgical technique VDO for proximal humeral fracture Moderator: Chanakarn Phornphatkul Co-moderator: Ratthapol Sripongsai 1. Femoral head allograft for comminuted 4 part PHF <i>Paphon Sa-ngasoongsong</i> 2. My steps to fix 3-part PH fracture <i>Sorawut Thamyongkit</i> 3. Surgical exposure and suture management for 4 part PHF <i>Chatchawan Lertbutsayanukul</i> 4. Reduction technique for 4 part PHF and proper plate placement <i>Theerachai Apivatthakul</i> (12 minutes each)	Open section for all tips & tricks: (VDO Presentations) Moderator: Adinun Apivatgaroon Co-moderator: Chonlathan lamsum-ang 1. Physical examination 2. Surgical techniques 3. Post-op care New Innovation & Surgical Techniques: (VDO Presentations) (15 minutes each)	
15.00-16.00	Knee 12 <u>Fracture around the knee</u> Moderator: Manoon Liewnorraset Co-moderator: Supakit Juthakitsada 1. ACL avulsion fracture <i>Thanawut Hirunthanawiwat</i> 2. PCL avulsion fracture <i>Suriya Laksavut</i> 3. Fracture-dislocation of the knee <i>Sorawut Thamyongkit</i> 4. Knee ligament reconstruction after vascular repair <i>Pinij Srisuwanporn</i> 5. Management of common peroneal nerve palsy <i>Theerawoot Tharmviboonsri</i> (12 minutes each)	Shoulder 15 Trauma: Surgical management of complicated fracture around the shoulder Moderator: Kachain Namsirikul Co-moderator: Pattanapong Suwankomunkul 1. Proximal humeral fracture with locked irreducible <i>Manusak Boonard</i> 2. Glenoid neck fracture <i>Praphon Sa-gnasoongsong</i> 3. Distal clavicle fracture fixation: Arthroscopic fixation <i>Natthaphol Suratnaenna</i> 4. Management in scapulothoracic dissociation <i>Prapakorn Klakklai</i> (12 minutes each)	Welcome & Orientation for The New Fellow!! Previous fellows All Staffs	
16.00	Adjorn			