| | Thursday 25 July 2019 | | | | | |
|-------------|---|---|--|---|--|--|
| | ROOM A | ROOM B | ROOM C | ROOM D | | |
| 08.00-09.00 | ICL 1: Knee PF Instability Moderator: Wachiraphan Parinyakhup Co- Moderator: Suebwong Phoophitphong 1. Evaluation of recurrent patellar Instability Pawin Rattanasumrit 2. Bony procedures for patellar instability Nadhaporn Sangpetch 3. MPFL reconstruction using hamstring Tendon Nobuo Adachi 4. MPFL reconstruction in patients with open physis Pablo Gelber (12 minutes each) | | ICL2: Shoulder Management of the First Time Anterior Shoulder Dislocation Moderator: Chalermchai Limitlaohapan Co-moderator: Sirisak Buranavattanachok 1. How to manage acute dislocation in the game? Wittawat Chernboonchai 2.Reduction techniques, which one is the best? Pattanapong Suwankomolkul 3.Bony lesions at first time dislocation Suwicharn Bumrungchowkasem 4.Recurrence rates after arthroscopic stabilisation in the adolescent athlete Michael Walton 5. Rehabilitation for non-surgical dislocation Piyaporn Pamuksan (10 minutes each) | ICL3: TOSSM Members Real Experiences Sharing from our TOSSM Members Moderator: Sermsak Sumanont Co- moderator: Karn Supornsinchai 1. Pearls & pitfalls in ACLR using BPTB graft Navaphan Vawklang 2. Treatment of multiligament injuries in Phitsanulok Kriangkamol Benjawongsathien 3. Rotator Cuff Repair in Khonkaen Hospital Setting Suthee Tharakulphan 4.Shoulder Instability Surgery by Sports Surgeon in Lampang Provincial Hospital Chonlathan lamsum-ang (12 minutes each) (Thai Language) | | |
| 09.00-09.40 | Aree Tanavalee (President of RCOST) Prachan Banchasuek (President of TOSSM) Bancha Chernchujit (Congress Chairman) Nattha Kulkamthorn (Scientific Chairman) | | | | | |
| | Moderator: Ekavit Keyurapan | | | | | |
| 10.00-10.15 | | | k & Exhibition | | | |
| 10.15-11.15 | Knee 1 <u>Update in ACL Reconstruction</u> Moderator: <i>Dudsadee Tattanond</i> Co-moderator: <i>Tanawat Fongsri</i> 1. Update in ACL anatomy: bundle or ribbon? <i>Chaiwat Chuychoosakoon</i> 2. Tunnel drilling technique and graft fixation in ACL reconstruction | Shoulder 1 <u>Instability</u> Live Surgery: Open Latarjet Demonstrator: Greg Hoy Moderator: Wichan Kanchanatawan Co-moderator: Thun Ittipanichpong | Hip 1Debates in Surgical TechniquesModerator: Kitiphong KongrukgreatiyosCo- Moderator: Trai Promsang1. Central first vs. Peripheral firstPisit LertwanichAdinun Apivatgaroon | Meet the Expert 1: Smith & NephewPCL and MCL Management1. My approach for PCL: Tips and Tricks onperforming PCL, Case presentationNobuo Adachi2. Trans-septal PCL and PLC, Case presentationBancha Chenchujit3. Managing the MCL, Case presentation | | |

| | Chalermchai Limitlaohapan 3. The technical note: ACL all inside reconstruction: What should we do with accident? Pham The Hien 4. Postoperative rehabilitation for soccer athletes Pornthep Mamanee 5. Criteria for return to play after ACL reconstruction Patrick Yung (10 minutes each) | | Pisit Lertwanich Kitiphong Kongrukgreatiyos 3. Arthroscopic assisted vs. Open peri- acetabular osteotomy Kitiphong Kongrukgreatiyos Adinun Apivatgaroon (15 minutes each) | Nadhaporn Sangpetch 4. Panels Discussion (15 minutes each) |
|-------------|--|---|--|--|
| 11.15-12.00 | Knee 2 <u>Update in PF Arthritis</u> Moderator: <i>Chatchai Pookarnjanamorakot</i> Co-moderator: <i>Sorawut Sirisak</i> 1. Current concept of patellofemoral arthritis <i>Ittipol Prasitdamrong</i> 2. Conservative treatment of patellofemoral arthritis <i>Pattanaket Cheewakongkiat</i> 3. Patellofemoral arthroplasty <i>Pablo Gelber</i> (12 minutes each) | Shoulder 2Rotator cuff:Irreparable Cuff Tear: Surgical OptionsModerator: Pornthep MamaneeCo-moderator: Chatchawan Lertbutsayanukul1. Could superior capsular reconstruction bethe main procedure for all?Prakasit Chanasit2. Clinical Outcomes and integrity of SuperiorCapsular Reconstruction: Short to Mediumterm ResultsMichael Walton3. Tendon transfer has better biomechanicaladvantageCholawish Chanlalit4. Partial cuff repair: Still exists?Prachan Banchasuek(10 minutes each) | Hip 2 Back to Basic Moderator: Adinun Apivatgaroon Co- Moderator: Bundit Rungnim 1. Proper lateral positioning set up Kitiphong Kongrukgreatiyos 2. Hip arthroscopy for diagnosis & treatment of synovial chondromatosis Kitiphong Kongrukgreatiyos 3. FAI: Revisit Adinun Apivatgaroon (12 minutes each) | Meet the Expert 2: Depuy Synthes All About Techniques in Meniscal Repair 1. What's new in meniscal repair? Chalermchai Limitlaohaphan 2. Experiences in meniscal repair and results of all inside technique Chusak Kijkunasathian 3. Tips and tricks of meniscal repair Chalermchai Limitlaohaphan Chusak Kijkunasathian (12 minutes each) |
| 12.00-12.50 | Lunch Symposium 1 : Perskindol | Lunch Symposium 2 : MEDA | Lunch Symposium 3 : Pfizer | |
| 13.00-14.00 | Knee 3 <u>Anterolateral Ligament of the Knee</u> Moderator: <i>Wiroon Laopatarakasem</i> Co-Moderator: <i>Nobuo Adachi</i> 1. Anterolateral Ligament: Anatomy and biomechanics, Does it exist? <i>Phob Ganokroj</i> | Shoulder 3 <u>Rotator cuff:</u> <u>Update in the Controversial Procedures of</u> <u>Rotator Cuff Repair</u> Moderator: <i>Somsak Kuptniratsaikul</i> Co-moderator: <i>Niti Prasathaporn</i> 1. Subacromial decompression; When to do | Free paper: HKOA – Thai Travelling Fellowship Moderator: Prachan Banchasuek Co-moderator: Jatupon Kongthavornsakul 1. Comparison of Post-operative Measurements and Knee Kinematic Analysis as a Predictor for Return to Sport Status After ACL Reconstruction | Meet the Expert 3: Linvatec #1 <u>Meniscus Root Repair and Trocleoplasty</u> Pablo Gelber |

| | O Martha of an testing of the test billing and All | and matched | Mishaud Tim Your One | |
|-------------|--|---|---|--|
| | 2. Myth of rotational instability and ALL | and not do? | Michael Tim Yun Ong | |
| | reconstruction | Varit Watcharaprechasakul | 2. "The effect of scapular taping on correcting | |
| | Patrick Yung | 2. AC resection: Keep or cut! | scapular dyskinesis and preserving the | |
| | 3. Comparison of lateral tenodesis vs. ALL | Harjeet Singh Bhatia | subacromial space in patients with rotator cuff | |
| | reconstruction in concomitant with ACL | 3. Biceps procedures:Keep or Kill! | tendinopathy and scapular dyskinesis" | |
| | reconstruction | Rattapoom Watcharopas | Annie HT Leong | |
| | David Parker | 4. Suprascapular nerve decompression: | 3.The precise location of pie crusting of | |
| | | What is consensus? | posterior oblique ligament in arthroscopic | |
| | (15 minutes each) | Piroon Tangsripong | medial meniscus repair | |
| | | (42 | Nopporn Wanaprasert | |
| | | (12 minutes each) | 4. The Valgus Stress Radiography and Clinical | |
| | | | Outcome After Medial Pie-crusting During | |
| | | | Anterior Cruciate Ligament Reconstruction | |
| | | | with Medial Meniscus Procedure | |
| | | | Thanakorn Tarunotai | |
| | | | 5. Relationship of hamstrings power and size | |
| | | | of semitendinosus and gracilis in anterior | |
| | | | cruciate ligament reconstruction | |
| | | | Ranaichanok Thongwichian | |
| | | | 6. Clinical and radiological outcomes of medial | |
| | | | open-wedge high tibial osteotomy: a | |
| | | | comparative study between conventional and | |
| | | | combined tibial tubercle elevation | |
| | | | Worawit densiri-aksorn | |
| | | | | |
| | | | (8 minutes each) | |
| 14.00-15.00 | Knee 4 | Shoulder 4 | Free Paper: Shoulder | Meet The Expert 4: Biomet |
| | ACL & ALL reconstruction | Instability: | Moderator: Bavornrat Vanadurongvan | All About Meniscal Root: Anatomy, |
| | Re-live surgery: Combined ACL reconstruction | Difficult Anterior Instability | Co-Moderator: Jatupon Kongthavornsakul | Biomechanics, Repair and Rehabilitation |
| | & ALL reconstruction/Lateral extra-articular | Moderator: Theera Rojpornpradit | 1. Glenoid bone defect augmentation in | The Quattro [®] Link knotless anchors for |
| | tenodesis | Co-moderator: Phathaiwudhi Oonsombat | recurrent anterior shoulder instability: A finite | meniscal root repair |
| | Moderator: David Parker | 1. Bone block revisit: Eden-Hybbinette vs | element analysis study | Nattha Kulkamthorn |
| | Co-moderator: Tanarat Boonriong | Latarjet, which is on top? | Chaiyanun Vijittrakarnrung | |
| | 1. Combined ACL reconstruction and lateral | Chusak Kijkunasathian | 2. Study of risk factor and retear rate after | (Theilensuege) |
| | extra-articular tenodesis | 2. Result of arthroscopic vs. open Latarjet | arthroscopic repair of massive rotator cuff tear | (Thai Language) |
| | Pablo Gelber | Greg Hoy | Supamongkol Mutchamee | |
| | 2. Combined ACL reconstruction and ALL | 3. Remplissage: When and how to do? | 3. Study the characteristics of acromial | |
| | reconstruction | Vudhipong Sudhasaneya | | |
| | Patrick Yung | 4. Arthroscopic management for significant | morphology after subacromial decompression | |

| | (20 minutes each) | glenoid bone loss in ADI <i>Hiroyuki Sugaya</i> (12 minutes each) | in moderate to large tear size of arthroscopic rotator cuff repair NarinPakawech 4. New radiographic study of acromioclavicular joint instability: Cadaveric study Korakod Rajchawiang 5. Pectoralis major tendon as a guide for proper calcar screw location: A cadaveric study Naruebade Rungrattanawilai 6. Reverse Shoulder Arthroplasty: Clinical and radiological outcome in PMK experience Nantaphon Chuvetsereporn (8 minutes each) | |
|-------------|---|--|---|--|
| 15.00-15.30 | | Coffee Break | (& Exhibition | |
| 15.30-16.30 | Knee 5 Meniscus: Mission Possible!!! Moderator: Theera Rojpornpradit Co- Moderator: Piroon Tangsripong 1. Clinical evaluation and MRI of difficult tear Jeerasak Thanaboon 2. Double longitudinal tear, How I repair it and result? Sasipong Rohitopakarn 3. Meniscus root repair Nobuo Adachi 4. Ramp lesion: diagnosis and repair technique Jirantanin Rattanavarinchai (12 minutes each) | Shoulder 5Instability:Multidirectional Instability (MDI)Moderator: Nadhaporn SaengpetchCo-moderator: Chatchapol Thanarak1. Best practice for conservative treatment ofMDIGreg Hoy2. Dicision making for surgical treatment andtheir optionsThanathep Tanpawpong3. Technical note for pancapsular plication forMDIMason Porramathikul4. The incidence of Posterior and CombinedLabral Injuries in a sporting populationMichael Walton | Cartilage 1 <u>Cartilage Repair of the Knee Joint</u> Moderator: <i>Puwapong Nimkingratana</i> Co- Moderator: <i>Chaiwat Chuychoosakoon</i> 1. Role of subchondral bone <i>Channarong Kasemkijwattana</i> 2. Role of synovial environment <i>Tulyapruek Thawornsawat</i> (25 minutes each) | Meet the Expert 5: Foot & Ankle (Arthrex) Tips and Tricks in Ankle Stabilization: Internal Brace & Tight Rope Moderator: Marut Arunakul Co- moderator: Pongpanot Sornsakrin 1. Lateral ankle ligaments reconstruction/augmentation with hamstring tendon graft/ Internal Brace Chayanin Angthong 2. Syndesmotic Fixation with Tightrope: A Surgical Technique, Outcomes and Complications, and Hand-on Saw Bone Chamnanni Rungprai (30 minutes each) (Thai Language) |
| 16.30-17.30 | Free paper: Knee Moderator: Chalermsak Sriworakun Co-moderator: Jatupon Kongthavornsakul 1. Loss of extension following ACLR: Analysis of | (12 minutes each) Shoulder 6 <u>Instability:</u> Global Points of View for Evaluation of <u>Glenoid and Humeral Head Bony Defect</u> | Cartilage 2 Bench to Clinic in Sports Medicine Moderator: Wirat Kongjareornsombat Co- Moderator: Piya-on Numpaisal | Meet The Expert 6: Linvatec #2 <u>What's New in Elbow and Hip Arthroscopy</u> 1. Arthroscopy in elbow, make it a simple <i>Cholawish Chanlalit</i> |

| (8 minutes each) Presidential Dinner by Invitation |
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English Language in All Sessions Thai Language in The Designated Sessions

| | Friday 26 July 2019 | | | | |
|-------------|---|---|--|-----------------------------------|--|
| | ROOM A | ROOM B | ROOM C | ROOM D | |
| 08.00-09.00 | ICL 4: Knee Cartilage | ICL 5: Elbow | ICL 6: Foot & Ankle | | |
| | Early Osteoarthritis and Cartilage Repair | Common Procedures for Elbows | Advance in Foot & Ankle Arthroscopy | | |
| | Moderator: Vatanachai Rojvanit | Moderator: Theerachai Apivatthakul | Moderator: Sukij Laohajaroensombat | | |
| | Co-moderator: Wirat Kongcharoensombat | Co-moderator: Cholawish Chanlalit | Co-moderator: Chatchavan Charoenthamruksa | | |
| | 1. Update on Pathogenesis of OA | 1. Injection and aspiration | 1. Anterior and posterior ankle impingement: | | |
| | Piya-on Numpaisal | Nattakorn Mhasupachai | how to deal with difficult cases | | |
| | 2. Biomarker as a tool for diagnosis? | 2. Elbow reduction | Bavornrit Chuckpaiwong | | |
| | Puwapong Nimkingratana | Prasit Wongtriratanachai | 2. Tip and Tricks for challenging anterior and | | |
| | 3. Cartilage regeneration | 3. Elbow brace | posterior OLT: Deep lesion, large lesion, and | | |
| | Nobuo Adachi | Arthit Boonrawd | multiple lesions | | |
| | 4. The Alignment, Is it important? | 4. Plain film and CT evaluation | Chamnanni Rungprai | | |
| | Wirat Kongchareornsombat | Sutee Thaveepunsan | 3. Acute Achilles tendon injury: Tips and Tricks | | |
| | | | from open to endoscopically-assisted Achilles | | |
| | (12 minutes each) | (12 minutes each) | tendon repair | | |
| | | | Akaradech Pitakveerakul | | |
| | | | | | |
| | | | (15 minutes each) | | |
| 09.00-09.15 | | | « & Exhibition | | |
| 09.15-10.30 | Workshop: Linvatec | Workshop: Johnson & Johnson | Workshop: TRB | Case Consultation 1 (Knee) | |
| | <u>"Cuff Link Double-Row Solution Procedure</u> | Shoulder Arthroplasty: When, Why & How? | Tips & Tricks of Intra-articular Injection: | Fracture Around the Knee | |
| | (CrossFT Knotless and Yknot Pro)" | 1. When we do which shoulder arthroplasty? | Shoulder, Hip, Knee, Elbow | Difficult Knee Instability | |
| | Course Director: Bancha Chernchujit | 2. How does RSA work? | Moderator: Adinun Apivatgaroon | Moderator: Wiroon Laupattarakasem | |
| | Panelists: | 3. Tips & Tricks of RSA | Demonstrator: Chatchai Pookarnjanamorakot | Panelists: | |
| | Bancha Chernchujit | Dr. Greg Hoy | | Manoon Leownorasate | |
| | Nadhaporn Saengpetch | | | Bavornrat Vanadurongvan | |
| | Cholawish Chanlalit | (10 minutes each) | | Sittan Aimprasittichai | |
| | Thanathep Tanpowpong | Hand on (35 minutes) | | | |
| | | | | (Thai Language) | |
| | (10 minutes each) | | | | |
| | Hand on (35 minutes) | | | | |
| 10.30-11.45 | Workshop: Exactech | Workshop: Smith & Nephew | Workshop: Arthrex | Case Consultation 2 (Shoulder) | |
| | Shoulder Arthroplasty: Glenoid | What's New in Meniscal Repair | Tips & Tricks in Shoulder and Knee Surgery | Fracture Around the Shoulder | |
| | Augmentation, PSI for Shoulder Arthroplasty | 1. Inside-out, outside-in & All inside Concepts | Moderator: Niti Prasat-arporn | Difficult Shoulder Instability | |
| | Moderator: Bancha Chernchujit | & Clinical Bases | 1. Knotless Medial row repair using corkscrew | Moderator: Ekavit Keyurapan | |
| | Co- Moderator: Nattha Kulkamthorn | Chanakarn Phornphutkul | anchor with suture tape: Suture bridge | Panelists: | |

| | Shoulder Arthoplasty with Glenoid | 2. Products Overview: Mini first Pass/MRR | Technique | Prapakorn Klabklai |
|-------------|--|---|---|------------------------|
| | Augmentation, PSI in shoulder arthroplasty | system | Vudhipong sudhasaneya | Gof Tantisricharoenkul |
| | 1. Posterior augment glenoid require less bone | Sameer Hussain – S&N Director Knee Repair | 2. Knotless Bankart Repair | Thaworn Sisayanarane |
| | removal in TSA | Asia Pacific | Varit watcharaprechasakul | Jatupoom Chansomboon |
| | 2. RSA arthroplasty with structural bone | 3. How I do Meniscus Root Repair: Endobutton | 3. All-Inside ACL Reconstruction | |
| | grafting large glenoid defects | Mason Porramatikul | Varit watcharaprechasakul | |
| | 3. How to do RSA TSA by Exactech | 4. How I do Meniscus Root Repair: Meniscus | | (Thai Language) |
| | | Root repair set &mini firstpass | (20 minutes each) | |
| | (10 minutes each) | Chanakarn Phornphutkul | | |
| | Hand on (35 minutes) | - chunakann nomphatkan | | |
| | | (10 minutes each) | | |
| | | Hand on (25 minutes) | | |
| 11.45-12.00 | | Coffee Break | & Exhibition | |
| 12.00-12.50 | Lunch Current stirum A.: Curreites | | | |
| | Lunch Symposium 4 : Synvisc | Lunch Symposium 5 : TRB | | |
| 13.00-14.00 | Knee 6 | Shoulder 7 | Foot Ankle 1: Symposium 1 | |
| | Middle-Aged Knee | Cuff Tear Arthropathy | <u>'All Aspect About Plantar Heel Pain'</u> | |
| | Moderator: Suraphol Kesprayura | Live surgery: Reverse total shoulder | Moderator: Nusorn Chaiphrom | |
| | Co- Moderator: Pablo Gelber | arthroplasty | Co-moderator: Pat Chulasiri | |
| | 1. Update in conservative treatment of OA | Demonstrator: Hiroyuki Sugaya | 1. How to approach plantar heel pain | |
| | Knee | Moderator: Nattha Kulkamthorn | Tinnart Sittapairoj | |
| | Varit Watcharaprechasakul | Co-moderator: Pawin Rattanasumrit | 2. Current treatments for plantar fasciitis | |
| | 2. Arthroscopic surgery in OA knee: Evidence- | | Non-surgical and alternative treatments | |
| | based practice | | (PRP, shock wave) | |
| | Thipatai Srisomboo | | Korakot Maliwankul | |
| | 3. New techniques for osteotomy around the | | Surgical treatments | |
| | knee | | Theerawoot Tharmviboonsri | |
| | David Parker | | Plantar heel spur 'Should we excise it?' | |
| | 4. Alternative choices of unicompartmental | | Marut Arunakul | |
| | knee arthroplasty in middle-aged patients | | 4. How to manage plantar heel pain from | |
| | Suraphol Kesprayura | | nerve pathology | |
| | | | Tanawat Vaseenon | |
| | (12 minutes each) | | | |
| | | | (10 minutes each) | |
| 14.00-15.00 | Knee 7 | Free Paper: Miscellaneous | Foot Ankle 2: Symposium 2 | |
| | Outcome Measurement in Knee Arthroscopy | Moderator: Wiroon Laupattarakasem | <u>'Debates on Treatment Options in Ankle</u> | |
| | Moderator: Chanin Lamsam | Co-Moderator: Chalongrat Yimwatsana | <u>Arthritis'</u> | |
| | Co-Moderator: Varit chartisathian | 1. The greater tuberosity angle(GTA) could be | Moderator: Bavornrit Chuckpaiwong | |
| | 1. Patient-reported outcome for knee | a predictor for rotator cuff tear | Co-moderator: Methee Khongphaophong | |
| | arthroscopy | Thongchat Atiwannakul | 1. Joint preserving osteotomy in ankle arthritis | |
| | Phob Ganokroj | | Sukij Laohajaroensombat | |

| David Parker David Parker Pakapon Issaragrisil Aekachai Jaroenarpornwatana (12 minutes each) (8 minutes each) (20 minutes each) 15.00-15.30 V Coffee Break & Exhibition 15.30-16.30 Knee 8 Posterolateral Knee Injury Shoulder 8 Arthroplasty: Surgical Tips for RTSA Foot Ankle 2: Symposium 2 Tips & Tricks in Fracture Around Foot & Ankle | |
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| 15.30-16.30 Knee 8 Shoulder 8 Foot Ankle 2: Symposium 2 | |
| | |
| Posterolateral Knee Injury Arthroplasty: Surgical Tips for RTSA Tips & Tricks in Fracture Around Foot & Apkle | |
| | |
| Moderator: Sermsak Sumanont Moderator: Vudhipong Sudhasaneya Moderator: Tanawat Vaseenon | |
| Co-moderator: Sasipong Rohitopakarn Co-moderator: Gof Tantisrijareonkul Co-moderator: Songwut Thitiboonsuwan | |
| 1. Clinical relevant anatomy and biomechanics 1. How to avoid scapular notching? 1. Calcaneus fracture | |
| Pachin Thanomsingh Pinkawas Kongmalai Jakrapong Orapin | |
| 2. Update treatment for acute posterolateral 2. Does humeral version effect on RTSA result 2. Talus fracture | |
| corner injury & longevity? Pongpol Petchkum | |
| Punyawat Apiwatanakul Nattha Kulkamthorn 3. Lisfranc injury | |
| 3. PLC reconstruction: Tibial-based technique Jeerasak Thanaboon 3. RTSA with LD transfer: Indication and technique 4. Arthithat Kirinpanu 4. Arthithat 4. Arthithat Kirinpanu 4. Arthithat | |
| 4. PLC reconstruction: Fibular-based technique Hiroyuki Sugaya (15 minutes each) | |
| Jatupoom Chansomboon 4. The tough glenoid! Glenoid bone loss | |
| management | |
| (12 minutes each) Bancha Chuenchujit | |
| 5. Autologous bone-graft glenoid | |
| reconstruction with the SMR TT metal-back | |
| prosthesis: The first fifty cases at two year | |
| follow-up | |
| Michael Walton | |
| (10 minutes each) | |
| 18.30-21.30 Congress Dinner | |

| | ROOM A | ROOM B | ROOM C | ROOM D |
|-------------|---|--|--|--|
| 08.00-09.00 | ICL 7: Knee <u>Osteotomy Around the Knee</u> Moderator: <i>Winyou Rattanachai</i> Co-moderator: <i>Alisara Arirachakaran</i> 1. Knee alignment and preoperative planning <i>Ratthapoom Watcharopas</i> 2. Distal femoral osteotomy: Indications, Tips & Tricks <i>Wachiraphan Parinyakhup</i> 3. More than 1000 cases of experience in HTO <i>Wichan kanchanatawan</i> 4. Osteotomies around the knee and concomitant procedures. How to proceed? <i>Pablo Gelber</i> (12 minutes each) | ICL 8: Shoulder <u>Biceps and Labral Lesions</u> Moderator: <i>Pinij Srisuwanaporn</i> Co-moderator: <i>Sittiporn Kamjatpai</i> 1. Conservative treatment of biceps tendinitis <i>Tanawat Fongsri</i> 2. Effective physical exam for LHB and labral lesions <i>Chalongrat Yimwatsana</i> 3. SLAP lesion of the shoulder: repair or not? <i>Patrick Yung</i> 4. Biceps tenodesis vs. tenotomy for labral injury <i>Ekavit keyurapan</i> (12 minutes each) | ICL 9: Sports Medicine <u>Nutrition for Endurance Sports: Marathon,</u> <u>Triathlon, Road Cycling</u> Moderator: <i>Kachain Numsirikul</i> Co-moderator: <i>Kornkit Chaijenkij</i> 1. Introduction of two cases illustrating key issues (5 minutes) 2. Small-group discussions (10 minutes) 3. A decision-based model for nutrition in sport (15 minutes) 4. What is the best practice for nutrition? (20 minutes) 5. Panel discussion - illustrated by cases (10 minutes) <i>Alisa Nana & Team</i> (Thai Language) | ICL 10: Hip <u>Fundamentals of Hip Arthroscopy</u> Moderator: <i>Pisit Lertwanich</i> Co- moderator: <i>Pattanaket Cheewakongkiat</i> 1. What a hip arthroscopist should know about the hip anatomy <i>Trai Promsang</i> 2. Basic set up applicable to Thailand: Instruments, traction fundamentals, supine position <i>Pisit Lertwanich</i> 3. Portals and their relation with periarticular structures <i>Trai Promsang</i> 4. Intra-articular hip injections made easy! <i>Thun Ittipanichpong</i> |
| 09.00-10.00 | Elbow 1 <u>Stiff Elbow</u> Moderator: Cholawish Chanlalit Co-moderator: Prasit Wongtriratanachai 1. Preview Cholawish Chanlalit (8 minutes) 2. Open released: Useful technique Sutee Thaveepunsan! (15 minutes) 3.Arthroscopic: too sexy choice! Hiroyuki Sugaya (20 minutes) 4. Case Discussion (15 minutes) Presentator:Nattakorn Mhasupachai Panelists: Hiroyuki Sugaya Cholawish Chanlalit Prasit Wongtriratanachai Sutee Thaveepunsan | Shoulder 9 <u>Arthritic Shoulder: Case Discussion</u> Moderator: <i>Prapakorn Klubklai</i> Co-moderator: <i>Chaiwat Chuychoosakoon</i> Panelists: Greg Hoy <i>Chatchai Pookarnjanamorakot</i> <i>Michael Walton</i> <i>Winyou Rattanachai</i> <i>Ekavit keyurapan</i> | Sports Medicine 1 Injury Prevention Moderator: Mason Porramatikul Co-moderator: Alisa Nana 1. Introduction of the session Kornkit Chaijenkij 2. How to help athletes to compete at their full potential? Medical aspects, Thai female Volleyball Experience Kansuda Thongthai 3.The role of nutrition screening Alisa Nana 4.Injury and illness surveillance in elite athletes: Thailand national team experience Kornkit Chaijenkij (12 minutes each) (Thai Language) | (12 minutes each) |

| 10.00-10.30 | | Coffee Break | & Exhibition | |
|-------------|--|---|---|--|
| 10.30-11.15 | Elbow 2 | Shoulder 10 | Sports Medicine 2 | |
| | Fracture Around Elbow | Arthritic Shoulder: GHOA in Age < 60 yo. | Exercise in Special-Health Status | |
| | Moderator: Chatchai Pookarnjanamorakot | Moderator: Ekavit keyurapan | Moderator: Ed Lorprayoon | |
| | Co-moderator:Nattakorn Mhasupachai | Co-moderator: Pinkawas Kongmalai | Co-moderator: Kachain Namsirikul | |
| | Distal humerus | 1. Role of arthroscopic treatment in shoulder | 1. Exercise in patient with heart problem | |
| | 1. Low distal humerus fracture | arthritis | Visal Kantaratanakul | |
| | Natthaphon Jantaraserano (12minutes) | Thitiphol Wanitchanont | 2. Exercise in patient with respiratory | |
| | 2. Capitellum and variant | 2. Pyrotitan pyrocarbon for hemiarthroplasty | problems | |
| | Theerachai Apivatthakul (20minutes) | Greg Hoy | Visal Kantaratanakul | |
| | 3. OCD | 3. Ream and run vs. interposition arthroplasty: | 3. Exercise in patient with kidney problems | |
| | Arthit Boonrawd (12 minutes) | Results | Mason Porramatikul | |
| | | Prakasit Sanguanjit | | |
| | | | (12 minutes each) | |
| | | (12 minutes each) | (Thai Language) | |
| 11.15-12.00 | Elbow 3 | Shoulder 11 | Sports Medicine 3 | |
| | Fracture Around Elbow | Scapular Dyskinesis | Sports Psychology | |
| | Moderator: Chatchai Pookarnjanamorakot | Moderator: Prakasit Sanguanjit | Moderator: Atirek Chivabongs | |
| | Co-moderator:Phob Ganokroj | Co-moderator: Thitiphol Wanitchanont | Co-moderator: Kornkit Chaijenkij | |
| | Proximal ulnar | 1. Pathogenesis and pathomechanics | 1. I think I can make it | |
| | 1. Olecranon fracture: only TBW | Sitthiporn Unyahaphan | Naruepon Vongjatuparat | |
| | Natthaphon Jantaraserano(12minutes) | 2. Rehabilitation for scapular dyskinesis | 2. Talking to the looser | |
| | 2. Proximal ulnar fracture , sometime not | Piyaporn Pamuksan | Naruepon Vongjatuparat | |
| | easy | 3. Surgical treatment for SICK scapular | 3. Hypnosis in sports | |
| | Theerachai Apivatthakul(20minutes) | syndrome | Naruepon Vongjatuparat | |
| | 3. Case discussion (13 minutes) | Pongtep Na Nakorn | | |
| | Panelists: | | (12 minutes each) | |
| | Theeracha Apivatthakul | (15 minutes each) | (Thai Language) | |
| | Natthaphon Jantaraserano | | | |
| | Sutee Thaveepunsan | | | |
| | Arthit Boonrawd | | | |
| 12.00-12.50 | Lunch Symposium 6 : ATB | Lunch Symposium 7 : Arcoxia | | |
| 13.00-14.00 | Knee 9 | Shoulder 12 | Award Winning Thai Fellow Presentation | |
| | Medial-Side Knee Injury | Trauma: | Moderator: Prachan Banchasuek | |
| | Moderator: Pongsak Yuktanand | High grade chronic AC separation | Co-moderator: Thanathep Tanpowpong | |
| | Co-moderator: Jiranthanin Rattanawarinchai | Moderator: Theerachai Apivatthakul | 1. Shoulder instability: Reconstructive of bone | |
| | 1. Clinical relevant anatomy and biomechanics | Co-moderator: Surapot Salao | defect | |
| | Suwittaya Thienpratharn | 1. Biomechanics of chronic AC separation | Chaiyanun Vijittrakarnrung | |
| | 2. Diagnosis and classification of medial-side | Chanakarn Phornphatkul | 2. RSA development: Past present and Future | |
| | knee injury | 2. Suspensory fixation with biologic graft | Nantaphon Chuvetsereporn | |

| | Phathaiwudhi Oonsombat | Niti Prasat-arporn | 3. ALL reconstruction, Is it already extinct? | |
|-------------|--|---|--|--|
| | 3. Acute repair of medial structures | 3. Double dog bone and internal brace for AC | Pakapon Issaragrisil | |
| | Vantawat Umprai | reconstruction in early return to contact | <i>4.</i> Superior Capsular reconstruction, Is it really | |
| | 4. Reconstruction techniques for chronic | sports | work? | |
| | valgus instability | Greg Hoy | | |
| | Ponrachai Wongthongsalee | 4. AC augmentation and repair technique | Naruebade Rungrattanawilai | |
| | | Nattachai Thaengthong | | |
| | (12 minutes each) | | (12 minutes each) | |
| | (| (12 minutes each) | | |
| 14.00-15.00 | Knee 10 | Shoulder 13 | Open Session for All Tips & Tricks: | |
| | PLC Reconstruction | Trauma: | (VDO Presentations) | |
| | Re-Live surgery | Re-live surgical technique VDO for proximal | Moderator: Adinun Apivatgaroon | |
| | Moderator: Chanin Lamsam | humeral fracture | Co-moderator: Chonlathan lamsum-ang | |
| | Co-Moderator: Patrick Yung | Moderator: Chanakarn Phornphatkul | 1. Physical examination | |
| | 1. Anatomic open posterolateral corner | Co-moderator: Ratthapol Sripongsai | 2. Surgical technique | |
| | reconstruction | 1. Femoral head allograft for comminuted 4 | 3. Post-op care | |
| | David Parker | part PH fracture | 4. Innovation | |
| | 2. Arthroscopic popliteus reconstruction | Paphon Sa-ngasoongsong | | |
| | Bancha Chuenchujit | 2. My steps to fix 3-part PH fracture | (12 minutes each) | |
| | | Sorawut Thamyongkit | | |
| | (20 minutes each) | 3. Surgical exposure and suture management | | |
| | | for 4 part PH fracture | | |
| | | Chatchawan Lertbutsayanukul | | |
| | | 4. Reduction technique for 4 part PH fracture | | |
| | | and proper plate placement | | |
| | | Theerachai Apivatthakul | | |
| | | | | |
| | | (12 minutes each) | | |
| 15.00-15.30 | | Coffee Break | & Exhibition | |
| 15.30-16.30 | Knee 11 | Shoulder 14 | Welcome & Orientation for The New Fellow!! | |
| | Fracture Around the Knee | <u>Trauma:</u> | Previous Fellows | |
| | Moderator: Manoon Leownorasate | Surgical management of complicated fracture | All Staff s | |
| | Co-moderator: Supakit Juthakitsada | around the shoulder | | |
| | 1. ACL avulsion fracture | Moderator: Kachain Namsirikul | | |
| | Thanawut Hirunthanawiwat | Co-moderator: Pattanapong Suwankomonkul | | |
| | 2. PCL avulsion fracture | 1. Proximal humeral fracture with locked | | |
| | Suriya Laksavut | irreducible | | |
| | 3. Fracture-dislocation of the knee | Manusak Boonard | | |
| | Sorawut Thamyongkit | 2. Glenoid neck fracture | | |
| | 4. Knee ligament reconstruction after vascular | Praphon Sa-gnasoonsong | | |

| | repair | 3. Distal clavicle fracture fixation: Arthroscopic | | |
|-------|--|--|--|--|
| | Pinij Srisuwanporn | assisted-technique | | |
| | 5. Management of common peroneal nerve | Natthaphon Surachtnanan | | |
| | palsy | 4. Management in scapulothoracic dissociation | | |
| | Theerawoot Tharmviboonsri | Prapakorn Klabklai | | |
| | | | | |
| | (12 minutes each) | (12 minutes each) | | |
| 16.30 | Adjorn | | | |

English Language in All Sessions Thai Language in The Designated Sessions