

**Thursday, 3 December 2020**

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	Hall A1	Hall A2	Hall A3
<b>07.30-08.30</b>	<p style="text-align: center;"><b>ICL 1</b></p> <p><b>Knee</b>  <b><u>Update in ACL reconstruction</u></b>                      Moderator:                      Co-moderator:                      1. Applied anatomy and concept of ACL reconstruction                      2. Anatomic femoral and tibial tunnel placement: where and how?                      3. ACL graft fixation: options, biomechanics, and outcomes                      4. Internal brace concept for ACL surgery                      5. Return to sport after ACL reconstruction: the fastest way (fellow award)</p> <p style="text-align: center;">(10 minutes each)</p>		<p style="text-align: center;"><b>ICL 2</b></p> <p style="text-align: center;"><b>Hip</b>  <b><u>The Outpatients Clinic Essentials</u></b>                      Moderator:                      Co-moderator:                      1. Guide to a quick and precise diagnosis                      2. Best technique in hip injection                      3. Hip injection with steroid vs. HA vs. PRP: an evidence based review                      4. How to use exercise to recover from a hip injury</p> <p style="text-align: center;">(12 minutes each)</p>
<b>08.30-09.30</b>	Opening ceremony <i>Dudsadee T</i> ณัฐลา		
<b>09.30-10.00</b>	Coffee break / Exhibition visit		
<b>10.00-11.00</b>	<p style="text-align: center;"><b>Knee 1</b></p> <p style="text-align: center;"><b>Lives surgery &amp; Demonstration "HTO"</b></p> <p>Moderator:                      Co-moderator:</p> <p><b>Surgeon:</b></p>	<p style="text-align: center;"><b>Shoulder 1</b></p> <p><b>Rotator cuff 1</b>  <b><u>Symposium: Tendon transfer for Massive RCT</u></b>                      Moderator:                      Co-moderator:                      1. Who is the good surgical candidate for tendon transfer?                      2. LHB augmentation for massive RCT                      3. Anterosuperior cuff tear and surgical options                      4. Posterosuperior cuff tear and surgical options</p>	<p style="text-align: center;"><b>Hip 1</b></p> <p><b><u>Current Concept</u></b>                      Moderator:                      Co-moderator                      1. Periacetabular osteotomy                      2. Femoroacetabular Impingement                      3. Extra-articular hip impingement                      4. Hip labral surgery</p>
<b>11.00-12.00</b>	<p style="text-align: center;"><b>Knee 2</b></p> <p style="text-align: center;"><b><u>Live Keynote lectures</u></b>  <b>All about HTO</b></p> <p>Moderator:                      Co-moderator:</p>	<p style="text-align: center;"><b>Shoulder 2</b></p> <p><b>Rotator cuff 2</b>  <b><u>Biologic treatment for shoulder problems</u></b>                      Moderator:                      Co-moderator:                      1. Tendon to bone healing – what is new?                      2. Property and implant design that makes different healing                      3. Stem cell and growth factor therapy (PRP and BMAC)</p>	<p style="text-align: center;"><b>Hip 2</b></p> <p><b><u>Practical Concept</u></b>                      Moderator:                      Co-moderator:                      1. Is there a role for hip arthroscopy in bone tumor?                      2. Surgical hip dislocations pearls.                      3) Hip cartilage injury and treatment options available in Thailand.                      4) Iliopsoas tenotomy: When to cut, when not to cut, where to cut.</p>

		4. Tendon substitute - autograft vs allograft )	
<b>12.00-12.50</b>	<b>Lunch symposium 1</b>	<b>Lunch symposium 2</b>	<b>Lunch symposium 3</b>
<b>13.00-14.00</b>	<p align="center"><b>Knee 3</b></p> <p><b><u>HTO 1: Technique in HTO</u></b>  Moderator:  Co-moderator  1. Expanded indications for HTO    2. Preoperative planning for HTO    3. How to prevent an unintentional tibial slope changing?  4. HTO in Tripple varus patient: Surgical technique</p>	<p align="center"><b>Shoulder 3</b></p> <p><b><u>Instability 1</u></b>  <b><u>Dealing with bone loss for shoulder instability</u></b>  Moderator:  Co-moderator:  1. How to measure the bone loss – review of the techniques existed  2. Decision making for any bone loss in shoulder instability  3. Significant glenoid bone loss and treatment options  4. Surgical options for humeral bone loss</p>	<p align="center"><b>Hip 3</b></p> <p>Common hip problems in Thailand  Mod:  Co-moderator:    1. When is it too much arthritis for hip arthroscopy?  2. Lateral hip pain, do we really have hip abductor tendinopathy?  3. FAI syndrome in Thai population.</p>
<b>14.00-15.00</b>	<p align="center"><b>Knee 4</b></p> <p><b><u>HTO 2: Options in middle- aged OA athlete</u></b>  Moderator:  Co-moderator:  1. UKA VS HTO which one is suitable for middle- aged athlete?  2. Where to shift the weight bearing line: evidence base &amp; technique:  3. Combined ACLR and HTO: patient selection and technique</p>	<p align="center"><b>Shoulder 4</b></p> <p><b>Lives surgery &amp; Demonstration</b></p> <p><b><u>Instability 2</u></b>  <b><u>Slap&amp; Labral repair</u></b>  <b><u>How to start in lateral decubitus?</u></b>    Moderator:  Co-moderator:</p>	Meet the expert 1/ case consultation
<b>15.00-15.30</b>	<b>Coffee break / Exhibition visit</b>		
<b>15.30-16.30</b>	<p align="center"><b>Fellow research presentation &amp; Contest</b></p> <p>Moderator:  Co-moderator:    <b><u>Knee</u></b>  1. Double blind, Randomize control trial; Intraarticular triamcinolone acetone post arthroscopic lysis adhesion</p>	<p align="center"><b>Shoulder 5</b></p> <p><b><u>Instability 3</u></b>  <b><u>Management of shoulder labral injury</u></b>  Moderator:  Co-moderator:    1. Classification of labral injury and clinical significance</p>	Meet the expert 2/ case consultation

	<p>prevent recurrent stiffness of the knee.</p> <p>2. Effect of posterior tibial slope on secondary high-grade cartilage damage in ACL-deficient knee</p> <p>3. A Retrospective Comparative study of the Clinical Result between Conventional Single-Bundle and Modified Double-Bundle Anterior Cruciate Ligament Reconstruction</p> <p>4. Comparison of knee kinetics during single hop maneuver between ACL-reconstructed knee and normal contralateral knee in already return-to-play Thai League football players</p> <p>5. Development of a Rajavithi stress radiographic device in diagnosing isolated fibular collateral ligament and posterolateral knee injuries, Cadaveric study</p> <p>6. Development of Rajavithi stress radiographic device for measuring valgus stress radiographs in soft cadaver</p> <p>7. MRI study of Anterior cruciate ligament and Patellar tendon length for graft matching in Anterior cruciate ligament reconstruction</p> <p>7. Biomechanic comparison posterior medial meniscal root repair in porcine</p> <p><b>Cartilage</b></p> <p>8. The use of Very small embryonic-like stem cells [VSELs] in cell therapy of human cartilage lesion</p>	<p>2. Decision making for treatment options of labral injury</p> <p>3. Tip for surgical exposure of labral repair</p> <p>4. What is the best option for LHB with labral injury?</p>	
<p><b>16.30-17.30</b></p>	<p><b>Knee 5</b></p> <p><b>Research 1</b></p> <p><b><u>Symposium: How to have international publications?</u></b></p> <p><b>Moderator</b></p> <p><b>Co-moderator:</b></p> <p>1. How to get start: manuscript preparation and on-line submission process</p> <p>2. Case report and surgical technique</p> <p>3. Clinical study</p> <p>4. Book chapter</p>	<p><b>Fellow research presentation &amp; Contest</b></p> <p><b><u>Shoulder</u></b></p> <p>Moderator:</p> <p>Co-moderator</p> <p>1. Does locking plate fixation provide superior fixation than non-locking T plate in greater tuberosity fracture of humerus ? Porcine cadaveric biomechanical study</p> <p>2. Comparative study postoperative complication between coracoclavicular loop for acromioclavicular</p>	<p>Meet the expert 3/ case consultation</p>

		<p>joint injuries using double button and dumbbell clavicular plate</p> <p>3. Subacromial injection of Tranexamic acid improved early postoperative range of motion in Arthroscopic rotator cuff repair,</p> <p>4. Arthroscopic Bankart Repair: A matched cohort comparison of the modified Mason Allen and simple sitich methods</p> <p>5. Effect of glenoid version on severity of glenoid bone loss in anterior shoulder instability</p> <p>6. Biomechanical comparison of subscapularis repair technique in total shoulder arthroplasty: cadaveric study</p> <p>7. Comparison of reverse shoulder arthroplasty and angular-stable plating for proximal humerus fractures in elderly patients, <b>Sports medicine</b></p> <p>8. Effect of Knee rigid taping on Ankle kinematics and kinetics in recreational runners: Motion analysis study</p>	
<b>18.00-21.30</b>	Faculty dinner by invitation		

<b>Friday, 4 December 2020</b>			
	Hall A1	Hall A2	Hall A3
<b>07.30-08.30</b>	<p><b>ICL 4</b></p> <p><b>Cartilage</b></p> <p><u>Things need to know before cartilage defect progress to OA</u></p> <p>Moderator:</p> <p>Co-moderator:</p> <p>1. Biomechanical of cartilage degeneration: From Lesion to OA</p> <p>2. How meniscus effects cartilage degeneration?</p>	<p><b>ICL 5</b></p> <p><b>Sports medicine</b></p> <p><u>Are your heart ready for exercise?</u></p> <p>Moderator:</p> <p>Co-moderator:</p> <p>“Cardiopulmonary Exercise Testing for Performance Training”</p>	<p><b>ICL 6</b></p> <p><b>Shoulder</b></p> <p><u>Shoulder stiffness</u></p> <p>Moderator:</p> <p>Co-moderator:</p> <p>1. Update the primary (idiopathic) and secondary stiffness by definition</p>

	<p>3. Can juvenile osteochondritis dissecans healed?</p> <p>4. The effect of unloading on cartilage lesion</p> <p>(12 min each)</p>		<p>2. Evidence base practice for medical treatment of stiff shoulder (oral and injection)</p> <p>3. Tip and trick for shoulder manipulation technique</p> <p>4. Surgical trick and pitfalls for treatment of stiff shoulder Nattha K</p>
<b>08.30-09.30</b>	<p><b>Cartilage</b></p> <p><b><u>PF joint arthritis</u></b></p> <p><b><u>Evidence base for Cartilage Management</u></b></p> <p>Mod:</p> <p>Co-Mod:</p> <p>1.How to delay surgery? (medication and PT)</p> <p>2.Decision to deal with bipolar lesion</p> <p>3. Orthobiologic injections in PF arthritis</p> <p>4. Microfracture and marrow stimulation for PF arthritis</p>	<p><b>Sports medicine</b></p> <p>Live demonstration workshop</p> <p><b>Cardiopulmonary exercise testing</b></p> <p>Moderator:</p> <p>Co-moderator:</p>	<p><b>Elbow1</b></p> <p>Live cadaveric demonstration</p> <p>LUCL reconstruction</p> <p>Moderator:</p> <p>Co-moderator:</p> <p>Demonstrator:</p>
<b>09.30-10.00</b>	Coffee break / Exhibition visit		
<b>10.00-11.00</b>	Workshop	Workshop	Workshop
<b>11.00-12.00</b>	Workshop	Workshop	Workshop
<b>12.00-12.50</b>	Lunch symposium 1	Lunch symposium 2	Lunch symposium 3
<b>13.00-14.00</b>	<p><b>Knee 6</b></p> <p><b><u>Patellofemoral</u></b></p> <p>Moderator</p> <p>Co-moderator:</p> <p>1. First time patellar dislocation: evaluation and management</p> <p>2. Techniques in MPFL reconstruction: variation and my preference</p> <p>3.Trochlear dysplasia: evaluation and treatment</p> <p>4. Patellar alta: evaluation and treatment</p>	<p><b>Shoulder 6</b></p> <p><b>Shoulder trauma 1</b></p> <p><b><u>AC joint: High grade acute ACJ injuries</u></b></p> <p>Moderator:</p> <p>Co-moderator:</p> <p>1. Rockwood classification – is it a good choice of treatment guideline</p> <p>2. Best radiographic evaluation technique for ACJ injury</p> <p>3. Surgical options for high grade acute ACJ injury</p> <p>4. Role of CC reconstruction in acute ACJ injury – evidence base practice</p>	<p><b>Knee</b></p> <p>Live cadaveric demonstration</p> <p><b>ACLR&amp; ALLR for Hyperlaxity knee with severe pivot</b></p> <p>Moderator:</p> <p>Co-moderator:</p> <p>Demonstrator:</p>

14.00-15.00	<p style="text-align: center;"><b>Knee</b></p> <p><b>PCL</b>  <u>Symposium: PCL surgery</u>  Moderator  Co-moderator:  1. Clinical and radiographic evaluation in PCL injury: pearls and pitfalls  2. Conservative treatment in acute PCL injury: when and how?  3. PCL avulsion: open vs arthroscopic fixation  4. Tips and tricks for arthroscopic PCL reconstruction  5. Complications in PCL reconstruction: how to avoid them</p>	<p style="text-align: center;"><b>Shoulder 7</b></p> <p><b>Shoulder trauma 2</b>  <u>Orphanage injury around the shoulder</u>  Moderator:  Co-moderator:  1. Glenoid neck fracture  2. Intraarticular Glenoid fracture: When &amp; How to perform surgery?  3. Sternoclavicular joint dislocation  4. Distal clavicular fracture</p>	Meet the expert4 / CASE CONSULTATION
15.00-15.30 Coffee break / Exhibition visit			
15.30-16.30	<p style="text-align: center;"><b>Knee 8</b></p> <p><b>Meniscus 1</b>  <u>Meet the meniscal expert: techniques in meniscus surgery</u>  Moderator  Co-moderator  1. Technique for radial meniscal repair  2. Bucket handle tear  3. Ramp lesion repair  4. Meniscus root tear:</p>	<p style="text-align: center;"><b>Shoulder</b></p> <p style="text-align: center;">Live cadaveric demonstration</p> <p><b>Suture management in SCR</b>  Moderator:  Co-moderator:  Demonstrator:</p>	Meet THE EXPERT5
16.30-17.15	<p style="text-align: center;"><b>Knee 9</b></p> <p><b>Meniscus 2</b>  <u>Difficult meniscal tear</u>  Moderator:  Co-moderator:  1. Discoid meniscus  2. How to correct meniscal extrusion?  3. Horizontal meniscal tear: How to repair &amp; Evidence base of healing?  4. Bucket handle with horizontal tear; My technique</p>		Meet the expert 6/ case consultation
17.15-18.30	Welcome Reception		

**Saturday, 5 December 2020**

	Hall A1	Hall A2	Hall A3
<b>08..00-09.00</b>	<b>ICL 6</b> <b>Foot Ankle</b> <b>Moderator:</b> <b>Co-moderator:</b> 1. Current treatment option for turf toe injury 2. Current concept treatment for accessory navicular 3. Current concept treatment of isolated deltoid ligament injury <b>Phongpanot Sornsakrin</b>  (12 minutes each)	<b>ICL 7</b> <b>Shoulder</b> <b>Shoulder trauma 3</b> <b>Proximal humeral fracture in the elderly</b> <b>Moderator:</b> <b>Co-moderator:</b> 1. Conservative treatment of PHF – which kind of fracture is proper for? 2. How to deal with bone voiding and osteoporotic bone in PHF? 3. Technical tips for reduction and fixation 4. Hemi or RTSA is the best for PHF?	<b>ICL 8</b> <b>Elbow2</b> <b>Elbow instability</b> <b>Mod:</b> <b>Co-moderator:</b> 1. Clinical picture and investigation for elbow instability 2. Approach elbow pain (25 min)  (25 min each)
<b>09.00-10.00</b>	<b>Foot ankle 1</b> <b>Moderator:</b> <b>Co-moderator:</b> 1. Current concept treatment of posterior ankle impingement and os trigonum syndrome 2. Tips and Tricks for posterior ankle arthroscopy 3. Role of ankle arthroscopy in acute ankle fracture  (12 minutes each)	<b>Shoulder 8</b> <b>Arthroplasty &amp; OA</b> <b>Shoulder 1</b> <b>Live Keynote lecture</b> <b>Total shoulder arthroplasty</b> <b>Moderator: Ek</b> <b>Co-moderator:</b>	<b>Elbow 1</b> <b>Symposium: Elbow instability</b> <b>Moderator:</b> <b>Co-Modulator:</b> 1. Clinical picture for elbow instability  2. Ligament reconstruction 3. Arthroscopic LCL reconstruction
<b>10.00-10.30</b>	Coffee break / Exhibition visit		
<b>10.30-11.30</b>	<b>Foot ankle 2</b> <b>Moderator:</b> <b>Co-moderator:</b> 1. Diagnosis and conservative treatment acute lateral ankle sprain 2. Tips and Tricks for lateral ligament reconstruction with and without suture-tape augmentation 3. Tips and Tricks for arthroscopic Brostrom repair	<b>Shoulder 9</b> <b>Arthroplasty &amp; OA shoulder 2</b> <b>Primary shoulder arthritis</b> <b>Moderator:</b> <b>Co-moderator</b> 1. Medical treatment options by EBM for shoulder arthritis 2. Does implant design effect the functional result of TSA? 3. How do we handle the tendon and soft tissue while performing TSA?	<b>Elbow 2</b> <b>Symphosium : Athletes elbow problem</b> <b>Moderator:</b> <b>Co-moderator:</b> 1. Focus on the medial elbow instability  2. Elbow pain in overhead athlete 3. Lateral epicondylitis with radiocapitellar snapping

	(12 minutes each)	4. Pearl and pitfalls for TSA surgical exposure	
<b>11.30-12.30</b>	<p align="center"><b>Foot ankle 3</b></p> <p><b>Moderator:</b> <b>Co-moderator:</b></p> <ol style="list-style-type: none"> <li>1. Tips and Tricks for arthroscopic debridement and microfracture</li> <li>2. Tips and Tricks for AMIC augmentation using open (osteotomy) and arthroscopic techniques</li> <li>3. Tips and Tricks for OATs and Mosaicplasty for large osteochondral lesion of the talus</li> </ol> <p>(12 minutes each)</p>	<p align="center"><b>Shoulder 10</b></p> <p><b>Arthroplasty &amp; OA shoulder 2</b> <b><u>RTSA for cuff tear arthropathy</u></b></p> <p>Moderator: <i>Prakasit S</i> Co-moderator:</p> <ol style="list-style-type: none"> <li>1. Longevity and aged-limited for RTSA – fact sheet</li> <li>2. Pre-operative evaluation technique for RTSA</li> <li>3. RTSA implant designs and surgical tips</li> <li>4. How can we handle the glenoid bone loss for RTSA?</li> </ol>	<p align="center"><b>Elbow 3</b></p> <p><b>Symposium: Elbow reconstruction</b></p> <p>Moderator: Co-Modulator:</p> <ol style="list-style-type: none"> <li>1. tardy posterolateral rotatory instability (12 min)</li> <li>2. corrective osteotomy in elbow (12min)</li> <li>4. Endoscopic around elbow (12 min)</li> </ol>
<b>12.30-13.20</b>	<b>Lunch symposium 1</b>	<b>Lunch symposium 2</b>	<b>Lunch symposium 3</b>
<b>13.30-14.30</b>	<p align="center"><b>Knee 10</b></p> <p><b>Miscellaneous 1</b> <b><u>Debate: Intra-articular injection for arthritis in middle aged athletes</u></b></p> <p>Moderator: Co-moderator:</p> <p><b>Debate I: steroid vs viscosupplementation</b></p> <ol style="list-style-type: none"> <li>1. Steroid injection</li> <li>2. Viscosupplementation</li> </ol> <p><b>Debate II: PRP injection in OA knee</b></p> <ol style="list-style-type: none"> <li>3. Pros: evidence support of PRP in OA knee</li> <li>4. PRP in OA knee: fact or fiction?</li> </ol>	<p align="center"><b>Shoulder 11</b></p> <p><b>Arthroplasty &amp; OA shoulder 3</b> <b><u>RTSA for fracture</u></b></p> <p>Moderator: Co-moderator:</p> <ol style="list-style-type: none"> <li>1. Indications, Longevity &amp; results of RSA fracture: evidence based answers</li> <li>2. Cemented or cementless in RSA for fracture?</li> <li>3. RSA for fracture: Medialization vs Lateralization which one is better?</li> <li>4. RSA for fracture sequelae: Indications and Outcomes</li> </ol>	<p align="center">Research</p> <p><b><u>TOSSM APP score &amp; E-operative note: How to use it effectively?</u></b></p> <p>บัญชา &amp; Team</p>
<b>14.30-15.30</b>	<p align="center"><b>Knee 11</b></p> <p><b>Miscellaneous 2</b> <b><u>VDO Demonstration: surgical techniques in knee arthroscopy</u></b></p> <p>Moderator: Co-moderator:</p> <ol style="list-style-type: none"> <li>1. All-inside ACL reconstruction</li> <li>2. Natural ACL reconstruction</li> <li>3. Meniscus root reconstruction</li> </ol>	<p align="center"><b>Shoulder 12</b></p> <p><b>Fracture 3</b> <b><u>Symposium: Chronic locked shoulder dislocation</u></b></p> <p>Moderator: Co-moderator:</p> <ol style="list-style-type: none"> <li>1. Tip for shoulder reduction technique and how to maintain</li> <li>2. Decision making for surgical intervention and technique</li> <li>3. Tip and trick for surgical treatment of chronic shoulder dislocation</li> <li>4. Role of arthroplasty in chronic locked shoulder dislocation</li> </ol>	



<b>15.00-15.30</b>	Adjourn		