



24-25 AUG 2023

TOSSM

WORKSHOP

All About Shoulder Instability

And AC Joint Injury



SONGKHLA



Highlight program

- Tips & tricks for advanced portal in shoulder instability
- SLAP diagnosis made it consensus
- Pancapsulolabroplasty
- Arthroscopic Remplissage and Mclaughlin
- CC Reconstruction
- Management in locked shoulder dislocation



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TOSSM Shoulder workshop
All about shoulder instability
24-25 Aug 2023
PSU Songkhla

24 Aug 2023

- 0830-0930 **Patient position and portal for instability (Lecture&Discussion)**
Tips & Tricks for portal placement (10 mins) *Ekavit K.*
- Special portal (5, 7 O'clock)
SLAP diagnosis (10 mins) *Pinkawas K.*
Tips & Tricks for SLAP repair (10 mins)
Chanakarn P.
Q&A
- 0930-1000 **Shoulder Injection workshop**
- 1000-1200 **Superior labrum**
@ exam and portal placement
- Transcuff portal
- 5 O'clock
- 7 O'clock
- Wilmington portal
SLAP repair
Biceps tenodesis
- 1300-1400 **Shoulder instability**
Tips & Tricks for Bankart repair (10 min)
Pancapsulolabroplasty (10 min)
Remplissage & McLaughlin procedure (10 min)
Q&A
- 1400-1600 **Anterior & Posterior Instability**
Arthroscopic anterior capsulolabral repair
Remplissage procedure
Posterior labral repair
Pancapsular plication
@ McLaughlin procedure

25 Aug 2023

- 0830-0930 **AC stabilization (Lecture&Discussion)**
Open CC & AC stabilization (10 min)
@ CC stabilization (10 min)
Open CC reconstruction (10 min)
Q&A
Thongchai L.
- 0930-1200 **AC joint workshop**
@ CC & AC stabilization
Open AC stabilization
Open CC reconstruction
- 1300-1400 **Open glenoid reconstruction (Lecture&Discussion)**
Tips & Tricks for Latarjet procedure (10 min)
Locked/Neglected dislocation management (10 min)
Prapakorn K.
- 1400-1600 **Open procedure**
Open Latarjet procedure / Glenoid reconstruction (Eden-Hybinette)
Hill-Sachs procedure from anterior approach (Bone graft or ISP tendon)
Structures at risk (Musculocutaneous N, Axillary N.)